



**KEEPING CONNECTED
WHILE STAYING APART**



Temple University
Collaborative

On Community Inclusion of Individuals with Psychiatric Disabilities

Learn Something New with Massive Open Online Courses!

Area of community participation: Education and social inclusion

Description of activity: Have you been wanting to learn how to code HTML, or learn how the impressionism art movement started? Now is an excellent time to pursue your interests and enroll in a MOOC! A “Massive Open Online Course,” or MOOC, is an academic course with a similar structure to a traditional lecture, but it allows you to learn completely online and from the comfort of your own home. MOOCs are usually free to take if you just want to further your own knowledge and learn for fun. In addition to helping keep your brain sharp, these courses usually include forum sections where you can discuss lectures and topics with other course takers, get help understanding exercises and materials, or even ask questions directly to the teacher, allowing you to connect with a community of learners interested in the same topics you are!

Resources and Materials needed:

- Computer, tablet, or smartphone with internet connection

Potential Benefits:

Social Inclusion: Through using the forum functions on MOOC platforms, you can connect with other learners and experts in the field and participate in a learning community.

Education: Increasing your knowledge on any subject is a great way to get involved in new communities. Beyond becoming more knowledgeable, you can use what you’ve learned to start discussions and bond with others who share a love for the same topics you do!

Links: MOOCs on Arts, Sciences, Coding, Professional Development, History and more

EdX: <https://www.edx.org/>

Coursera: <https://www.coursera.org/>

Codecademy: <https://www.codecademy.com/>

Class Central: <https://www.classcentral.com/>

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