



**KEEPING CONNECTED  
WHILE STAYING APART**



Temple University  
**Collaborative**

On Community Inclusion of Individuals with Psychiatric Disabilities

# Lunch Doodles with Mo Willems!

**Area of community participation:** Leisure and recreation, creative arts, social connectedness

**Description of activity:** Mo Willems, artist-in-residence at the Kennedy Center and author of Don't Let the Pigeon Drive the Bus, is hosting "Lunch Doodles" every day at 1:00 pm so that artists of all ages can come together and draw at a specific time. Mo provides a space for people to watch his videos in real time in order to connect with other artistic folks in the community and doodle together! Mo also asks to see participants' drawings and answers questions! If you miss an episode or want to share it with friends, the videos are also uploaded to YouTube. This activity is directed towards kids but could be fun for people of all ages. This is a great activity for parents to do with their children, or for children who are home together to engage in.

**Resources/Materials needed:** Computer, tablet, or smartphone for viewing the livestream, drawing and doodling materials

## Potential Benefits:

**Social** - Participants can connect with Mo and others from different parts of the world in real time by commenting on the livestream, sharing questions with Mo, and sharing their doodles!

**Leisure** - It's so important to engage in leisure during difficult times! Leisure helps us take a break in our day and focus on the things we enjoy, all while giving us resources to cope with lifestyle changes related to COVID-19.

**Other considerations:** Live streaming of Lunch Doodles occurs every day at 1 pm EST. Stable internet access is required.

## Link to event:

<https://www.youtube.com/watch?v=RmzjCPQv3y8>

<https://www.kennedy-center.org/education/mo-willems/>

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